

The Real McCoy

Newsletter of the McCoy Chapter
of the YMCA Alumni Association
Serving Northern and Central California and Northern Nevada
since 1928.

Summer Issue
June 2026
Volume 42, Issue 2

McCoy Chapter
98th

Anniversary
1928-2026

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Shakespeare Festival is Great Success



Submitted by **Mike Robinson, Allen-Stone Chapter**

Wow! The Ashland Shakespeare Event was a success for all in attendance. Great fellowship....food....sight seeing....and of course the performances on stage. This annual bi-chapter gathering started with a social hour and visits by all. Stories of what's happening in lives today AND similar stories about "when we were young and working in the YMCAs from hither to thither. Oregon, Washington, and California were well represented. Conversation also led to "how did this event get started..." In essence it started almost 40 years ago by YMCA friends from both the McCoy & Allen-Stone Chapters. 40 years --- many plays, breaking of bread and glasses of wine have been shared in the joint Chapters over the many years. Sunshine was also a blessing this year too – as many times we had snow issues getting to Ashland.

This year **Brad Converse**, CEO of the Grants Pass YMCA was our featured speaker. Brad shared how the YMCA was doing today and how he became involved as a YMCA professional from a part-time position to CEO of an Independent YMCA.

Continued on Page 2

Coming Events

Murphy's Getaway
Murphy's, CA
Mid October (to be
announced soon)





Henry J. McCoy
1847 - 1921
First General Secretary
San Francisco YMCA
1881 - 1915

Y Alumni Mission Statement

The mission of the YMCA Alumni Association is to enable members to promote a nurturing worldwide Christian fellowship that provides educational, social service and charitable opportunities.

The Real McCoy is the official Newsletter of the McCoy Chapter of the YMCA Alumni Association..

It is published four times a year: Spring, Summer, Fall and Winter. Articles and news for inclusion should be received by the 1st of the month of publication.

Submissions may be sent to Pam Sheble by e-mail (see emails in next column) or mailed to Pam at 2730 Sequoia Way, Belmont, CA 94002.

Shakespeare Festival



BOARD OF DIRECTORS as of March 2026

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Brad was followed by **Don**, a Grants Pass long-time member and fitness buff of almost 50 years. Both guys were really interesting.

Our plays were a highlight – and we also had chances to meet the actors as they roamed about the town of Ashland too; interesting follow-up conversations were had by a few of us.

- **A Mid Summers Night Dream** – Billy boy wrote this a few years back I'm a thinking. A play highlighting his genius to tell unique stories about human love.

- Next was a musical. **Come from Away**. Tells the story of Air travelers and towns people following the 911 destruction of the Twin Towers in the US. Interactions and subsequent annual visits to the town of Gander (population of 700), the location where 38 flights all landed due to flight restrictions in the US.

- **A Raisin in the Sun** was the last about a dream deferred; and how do we hold onto hope and continue to find courage to dream. About a family and their struggles in life.

The gathering culminated in a visit to Pat & Paula Flannery's (YMCA Alumni) Dana-Campbell Winery. Good food, atmosphere, Vino and a bunch of "good-byes till next year.." Many thanks by all to our event coordinators Cathy & John Howard. Fantastic Job!

In attendance: Caroline Brooks, Jim & Jan Leigh, Dave & Joyce Mercer, Fred & Sally Stickney, Joyce Leak, John & Cathy Howard, Laura Bailey, Greg O'Brien, Peter & Nanci Morris, Ty & Lauren Hisatomi, Jill Hallin, Tami Wilcox-Sodergeren, Mike & Sharon Robinson.



— By
Lee Muckey
Chapter President



Lee's Lines

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Summer's here! It officially starts June 21, though we've started to get warm summer weather by now! Nearly 2 weeks later, our nation celebrates its 250th anniversary.

However you feel about the festivities, etc., the 250th birthday might give you a time to reflect on who we are – both as a country

and personally. What values do we strive to live by? How might we do better?

Also this year, the YMCA is beginning to gear up to celebrate its 175th anniversary (officially 2029). Again, it's an opportunity to think about what we as retired YMCA staff have accomplished, what good we've done and how we've worked to build the sense of community in our YMCAs. I'm confident that each person reading the Real McCoy has made a major difference in many lives, helped youth and families become stronger, ensured people could live healthier lives and encouraged many to get involved to make their community better.



We've learned recently that two McCoy Chapter members will be honored for their exemplary careers by being inducted into the YMCA Hall of Fame this September. Our congratulations to Dave Thornton and Don Anderson, both of whom have contributed tremendously to the legacy of the YMCA in America and the world. Dave was CEO of the YMCA of the Mid-Peninsula and Silicon Valley YMCA in addition to serving as West Field Executive. Don started his career in Southern California, served as CEO of the Berkeley-Albany YMCA and Honolulu YMCA, and was Director of Camp Orkila for a number of years. Both have continued to be active in YMCA Alumni, continuing their connections and service.

However long your career in the YMCA may have been, take a few minutes in the coming days or weeks to celebrate your contribution to the YMCA, the USA, and the world!

Have a great summer!

Lee

Lee Muckey, Chapter President

Save the Date - Alumni Reunion



JUNE 15-19, 2027

Talk about convenience. We'll stay at the Embassy Suites Hotel by Hilton (7640 N.W. Tiffany Springs Parkway), just 4 miles from the airport, with a free 24-hour shuttle. We'll enjoy special group pricing, an indoor saltwater pool, complimentary made-to-order breakfast, an evening reception, and a Peloton-equipped fitness center. Registration will open later this summer.



National YMCA Hall of Fame

Located at Springfield College, the National YMCA Hall of Fame recognizes retired YMCA staff and volunteers who have demonstrated a deep commitment to the YMCA mission, and whose leadership has made significant and lasting contributions to the national YMCA movement. The selection process takes place once every three years in conjunction with YMCA General Assembly. There are 11 members of the National YMCA Hall of Fame Class of 2026 who will be formally inducted on September 18, at the 2026 General Assembly in New Orleans, Louisiana.

Dave Thornton Selected for National YMCA Hall of Fame

With warm congratulations, we share the news that **Dave Thornton** has been selected for induction into the National YMCA Hall of Fame, one of the highest honors in the YMCA movement. Dave is a long-time member of our McCoy Chapter

Dave had a long and distinguished YMCA career in Northern California. Starting as a Program Director in 1975, Dave went on to lead both YMCA of the Mid-Peninsula and YMCA of Santa Clara Valley as CEO. From his Bay Area roots, Dave's leadership and vision reached far beyond the local community.

Dave's most significant and enduring national contribution was his decade of transformative leadership in diversity, equity, and inclusion. As chair of both the North American Urban Group Diversity Task Force and the Y-USA National Diversity Steering Committee, Dave helped guide the YMCA through a major cultural shift. Under his steady leadership, diversity and inclusion moved from good intentions to organized action and lasting national commitment.

Dave's impact also extended into youth development. Through the Santa Clara County Youth Alliance, he helped launch Project Cornerstone, a community-wide initiative based on the Developmental Assets framework. The effort brought together schools, nonprofits, government agencies and volunteers to support the healthy development of children and teens. What began as local innovation became a model of collaborative youth development that influenced Ys across the nation.

Dave's commitment to collaboration was also evident in the strategic alliance and eventual merger of YMCA of Santa Clara Valley and YMCA of the Mid-Peninsula. Through years of relationship-building and resource sharing, Dave laid the groundwork for a merger that became a national model for how two strong YMCAs could come together to strengthen service and expand impact.

Across all these efforts, Dave's enduring influence was rooted in his character and leadership style. Those who worked with him describe a leader of humility, courage, and integrity. He brought people together and inspired them to embrace difficult but necessary change. He mentored young professionals and supported fellow CEOs. He earned trust and helped people feel valued, capable, and united in purpose.

Dave Thornton's influence has been profound and far-reaching. His legacy is one of tangible achievements and immeasurable human impact. This honor is a fitting recognition of a leader who left the national YMCA movement stronger, more inclusive, and better prepared for the future.

Dave retired as President and CEO of the YMCA of the Santa Clara Valley (now YMCA of the Silicon Valley) in California, following a 33-year career, including service with the Mid-Peninsula Y in Palo Alto and Y-USA National Field Executive for the West Field. He is a graduate of the University of Redlands (B.A.) and Yale Divinity School (M.Div.) and served seven years as an ordained minister before joining the YMCA.



Submitted by: Judy Hayner and Jan Dale



Don Anderson is selected for the National YMCA Hall of Fame

For more than six decades, Don Anderson has embodied the YMCA mission with an unwavering commitment to youth development, healthy living, and social responsibility. Beginning as a teen Hi-Y leader in the 1950s and continuing into his current service at age 85, Don has consistently built “stages for others to perform on” — creating opportunities, dismantling barriers, and extending the YMCA’s reach to communities that had been overlooked.

In his first 18 months as a professional, Don launched **Project Amigos** at the East Valley Branch of the Los Angeles YMCA — a volunteer-driven tutorial, recreational, and service program for Hispanic children in a low-income neighborhood. With only one paid staff member, he mobilized dozens of young volunteers, parents, and community leaders to build a supportive environment for children. Many of these youth leaders later became YMCA professionals, illustrating Don’s early instinct for inclusion, leadership development, and community-based solutions has left an enduring institutional and cultural legacy. His model of **inclusive leadership teams** — often majority people of color, with women, LGBTQ, and underrepresented voices in key roles — set new precedents in both Berkeley and Honolulu. His fundraising and asset-building strategies ensured YMCAs in multiple cities would be positioned for decades of service. The camp, branch, and property expansions he led have served hundreds of thousands of members and will continue to do so for generations.

Internationally, the Global Retirement Initiative is transforming how the YMCA cares for its own, restoring dignity to retirees who had given their lives to the movement. The humanitarian service projects he initiated have become a pipeline for developing globally minded YMCA professionals. His influence in forming the “Five YMCAs” (later Six) CEO Group created a unique, ongoing cross-national collaboration that still strengthens YMCA work in Asia and the Pacific.

Globally, Don’s life work has been rooted in solidarity and mutuality — not charity. By engaging young adults in cross-cultural service and building genuine partnerships with YMCAs abroad, he has modeled a globally connected movement. His disaster relief mobilization after the 1995 Kobe earthquake, funding of a school and hospital in rural China, and sustained investment in the Philippines show his ability to rally resources for urgent needs while building long-term relationships.

Don Anderson’s career is a rare combination of **visionary leadership, operational excellence, and a lifelong heart for service**. He has changed the trajectory of local YMCAs, rescued a national camping treasure, shaped global policies, and built inclusive teams that reflect the YMCA’s deepest values. His work has touched lives on every continent where the YMCA serves, and his legacy will continue to inspire leaders for generations.

For over 65 years, Don has exemplified the best of what the YMCA can be — a place where everyone is invited onto the stage, where service is the highest calling, and where the movement’s mission is advanced both at home and around the world. He is, without question, worthy of induction into the YMCA National Hall of Fame. Don is also a member of the Allen-Stone Alumni Chapter.

Submitted by: Doug Waibel

Member News

Don & Sue Anderson (Honolulu, HI) "In March and April Don was in the Philippines with 38 YMCA young adults and Rotarians building a three classroom building in a poor rural school. In May he recruited and organized 183 volunteers to repair damages from the Hawaii storms at YMCA Camp Erdman. Then Don had some down time following hernia surgery (No, not be-



cause of projects!). Also in May, construction started on a 500 SQ FT addition to our house. We will be in the Philippines in June to celebrate the 100th Anniversary of the Cebu YMCA, and in July will attend the WFYR meeting and YMCA World Council in



Toronto, Canada. Susan and I hope to see some of you at the Y-USA General Assembly this September in New Orleans."

Larry & Erlene Benevento (Visalia, CA) Larry and Erlene spent two weeks in April "Following in the footsteps of St. Patrick". It was a tour organized by a member of their church. Larry was able to play 3 rounds of golf on beautiful courses. Erlene, a South Dakota farm girl raised in cattle country, really enjoyed driving past green pastures where woolly contented sheep were grazing.



Kathy Catanho & Dave Eakin (Castro Valley, CA) "This is the Hayward Municipal Band at Lone Tree Cemetery on Memorial Day. Lone Tree began these observances in 1903 and they have been held continuously since that date. I have been play-



ing in this band since the early 2000's. I am in this pic (good luck finding me) playing Baritone saxophone! The band

also performs three consecutive Sunday concerts in the Park starting on Father's Day. These are held at Memorial Park in Hayward, 2:30-4:30pm. Bring a lawn chair or blanket to sit on.



Donna Roper (Guerneville, CA) Donna went on this 2 week trip to Egypt in late April with a group of friends. "This was a trip of a lifetime. We spent time in Cairo and also had a trip on the Nile. I learned so much and saw incredible scenery."



(Donna is on the far right)



Let's Getaway to Murphys

The McCoy program committee is planning for an easygoing Fall escape to the historic town of Murphys. Nestled in the Sierra Nevada foothills, Murphys is an ideal mid October retreat for those who enjoy beautiful scenery, gentle adventure, and great wine. Driving time from the Bay Area is a little over 2 hours. Stroll the historic, walkable Main Street, where boutique shops, cafés, and tasting rooms create a relaxed smalltown atmosphere. In the fall, with comfortable temperatures and lighter crowds, it's the perfect time to unwind.

Just minutes away, **Moaning Caverns** offers the group a fascinating guided tour into one of California's largest underground chambers—an accessible and memorable outing for curious explorers.

Murphys also makes a wonderful jumping off point for an outing in **Calaveras State Park**, where you will enjoy crisp mountain air, and the awe inspiring Sequoia's along paved, visitor friendly paths.

Back in town, the region's wineries shine during harvest season. Enjoy leisurely tastings at favorites like Ironstone Vineyards, Hatcher Winery, and Twisted Oak, each offering its own blend of charm, views, and welcoming hospitality.

With its mild weather, natural beauty, and relaxed pace, Murphys will offer you a few days of pure enjoyment—easy, scenic, and wonderfully rejuvenating. And all of this with some of your Y friends to add to the experience. Watch your emails from McCoy Forums for registration materials.



Ironstone Vineyard, Gift Shop and Tasting Room



Attitude Adjustment



National Service Project submitted by Lee Muckey

As you have likely seen, the first portion of the first National Service Project has been completed. Four tiny homes have been built for the **YMCA of the Seven Council Fires** in Dupree, South Dakota, and the homes now provide transitional housing for young families seeking a better life. The impact has already been so great that an anonymous donor has offered to fund a fifth home in the community.



Part 2 of the National Service Project – construction of a Twig (small branch) – has now begun. In August and September of this year, there will be six Waves (one week construction teams) that will complete the build out of the facility in La Plant, South Dakota.

We greatly appreciate the 200 volunteers who completed the tiny homes, and we now look forward to having volunteers for the upcoming Waves to construct the Twig. This will serve as a model for future Twigs that can help the YMCA serve its tiny outlying communities.

The experience of volunteering on NSP has been life-changing for many. Not only have we provided much-needed housing in a deeply impoverished Native American community, but we have learned a great deal about the history and culture of the region. The YMCA of the Seven Council Fires has been serving the Cheyenne River reservation since 1879. The Twig will provide important youth and community programs to a town more than an hour away from its main facility in Dupree, SD.

Twig Waves will each consist of one week – Tuesday to Tuesday – and will begin August 18 and 25, September 1, 8, 15 and 22. Construction skills can be helpful but are not necessary. To learn more about volunteering – an experience of a lifetime – contact Lee Muckey (lee@muckeys.com) or Gary Graham (bggraham4547@gmail.com). You can sign up to volunteer using the link found in the June Connection.

Below is a preliminary drawing of the Twig to be built in La Plant, SD. The Twig is made of three shipping containers and will be able to provide programs year round to a small community an hour away from the main YMCA facility.



The McCoy Awards

submitted by Sue Steph and Julie Wesolek

The McCoy Alumni chapter is getting ready to launch nominations for the 2026 **McCoy** and **Outstanding New Program Director** Awards. These awards are a great way to recognize creative, resourceful, and up-and-coming program directors.

The Henry J. **McCoy Award** was created by the McCoy Chapter Alumni to recognize a program director who has demonstrated excellence in the development, promotion, and operation of a YMCA program. The recipient receives a \$1,000 award.

Additionally, we are seeking nominations for the **Outstanding New Program Director Award** - this award celebrates an exceptional staff person who has been serving less than 2 years as a program director. This award honors an individual who exemplifies the core values of the YMCA: caring, honesty, respect, and responsibility. We seek nominees who are not only passionate about their roles but also show a strong desire to build a lasting career in the YMCA. The recipient will receive \$500.

CEOs and key leaders in our chapter's area will be receiving an email with a link to the nomination forms sometime in June. McCoy members can help by encouraging Y staff that they are connected with to nominate a current Y staffer.

We will be accepting nominations through Friday, September 18, 2026, and awards will be presented prior to the end of 2026. We look forward to receiving nominations for these two awards from your branches and/or Association.



From YMCA of San Joaquin County L to R: Ron Chapman, CEO, Julie Wesolek, award winner, Sallee Her, Barbara Cardenas, and Jodi Mitchell, Director of Office Operations

Larry Maloney, from the Shasta Family Y in Redding, received the new Program Director Award presented by Sue Steph via Zoom (in background) because of the Winter Storms made travel from Sue's home in Reno impossible.





Spotlight on

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The YMCA of San Joaquin County

The YMCA of San Joaquin County began in 1855, making us one of the oldest YMCAs in the United States. For 170 years this YMCA has served generations of families in the Stockton area, with only two stretches that it was not in operation: during the American Civil War and a brief period during the 1990's. We have archives going back to the late 1800's that contain fitness program

leaflets, team sports rosters, records of rooms to rent, membership cards and newsletters!

We are a "Y Without Walls" which means that our programs are conducted across 40 sites in the community while we operate out of a small administrative office. The Y has had full facilities in the past, and we hope to have them once again. Our goal is to launch a capitol campaign in the next few years with that in mind.

Our focus has been on the youth of our county with 6,000 participants in after school programs and year-round sports. 55% of the athletes in our public sports programs live in high-poverty zip codes and we strive to keep our fees low and scholarships available. We've recently started intramural sports with two local school districts. One of those districts is in its' second year of the program and reports a 12.2% increase in school attendance during the first year, which they've directly linked to students' participation in the intramurals.

We are excited to begin new programs later this year, focusing on safety and job training. A local non-profit has generously donated a small administrative office building to us, and we are excited to see what impact that can have on both growing new programs and expanding current ones.

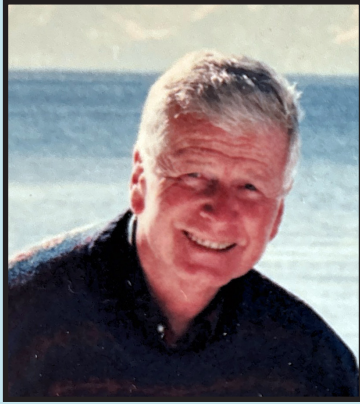
The last several years have been quite challenging. In 2019 we had to weather lay-offs and cut programs to keep our doors open, only to then face the 2020 shutdowns. We managed to not only survive those two years, but to do so in a fashion that has made us stronger than ever with increased participation, revenue, new partnerships and a more robust bottom line.

I confess that when I came here in late 2018, I was afraid that this was more of a challenge than I could handle. Staff turnover, falling revenue and fundraising, unclear direction, lack of training...it was a lot!

But here I am, 7 years later, and it's been a pleasure having a front row seat watching this organization rebuild, refocus and reenergize itself. The hard work and dedication from our CEO, Directors, Board Members, volunteers and frontline staff have all contributed to this success.

Submitted by:

Jodi Mitchell, Director of Operations



We Remember - Carl DuBois

submitted by David DuBois

Carl DuBois passed away peacefully on April 7, 2026, at the age of 96. This was just two months after his wife of 66 years, Mary died. Carl, was born on March 28, 1930, in Long Beach, California. As the son of a Navy Petty Officer, Carl's formative years would be spent growing up in the Navy towns of Long Beach, California, and Portsmouth, Virginia, during the Great Depression and World War II.

Tough times and a father who was deployed around the world for literally years on end meant Carl had to step up to the plate and help the family make ends meet financially. As a young boy, Carl 'crabbed' in the James River, selling crabs for 25 cents

a bushel to local fish mongers. He sold newspapers for 3 cents a piece, pocketing 2 cents profit for himself. He shined shoes for .10c per customer. A good day of hard work would net him \$1.25 to help the family - good money for a ten-year-old kid in 1940!

It was those tough times he experienced at an early age, combined with the racial inequalities he witnessed in Virginia growing up, that forged what would develop into his lifelong desire to help others. He turned that passion for giving into a career in the YMCA, and, in his later years, to helping non-profit organizations fund and develop the ministerial and charitable programs that he so deeply cared for.

In 1951, Carl enlisted in the Air Force and served during the Korean War at F.E. Warren AFB in Cheyenne, Wyoming. He attended Long Beach City College for one year before jumping on a train to Chicago, IL, to attend George Williams College. Carl earned All-American honors playing volleyball on the George Williams team that reached the National Championships during his time at the school.

Carl graduated in 1955 and began his career with a summer in France on the staff of the World Boys' Camp. From there, he returned to California and became the Program Secretary of the East Oakland YMCA, where he served from 1955 to 1961. In 1959, he completed his Master's Degree, also from George Williams College.

In 1959, he met the love of his life, Mary, and in November of that year, they wed in Oakland, CA. In October of 1960, they welcomed their first son, Richard (Rick), along with a move to Santa Maria, CA, to open that town's first YMCA. In February of 1963, they welcomed their second son, David. Carl's work with the YMCA would continue for the next 20+ years with moves to Anaheim and Cypress, CA, Eugene, OR, Naples, FL, and New Orleans, LA. He also served on the Pacific Southwest Region YMCA staff for several years, and was the Director of California YMCA Youth & Government from 1967 to 1971. In 1985, he left the YMCA and began his work with non-profit organizations, raising capital funds to build new hospitals, camps, and other facilities. This work would lead to his founding of The DuBois Group, an endeavor he worked passionately on until his retirement in 2009 at the age of 79.

After leaving the YMCA, Carl and Mary relocated to Lake Tahoe and to a corner of the world they both absolutely loved. They would live in the Tahoe and Reno area for the next 40 years. Both remained active with their favorite Siberian Huskies and the multitude of outdoor activities that Lake Tahoe offered, including hiking and skiing. He was extremely proud of his two boys, both of whom achieved the pinnacle of their careers as widebody Captains at their respective airlines.

Carl is survived by his sons Richard (Mary) and David (Brenda), Grandchildren Chantelle and Christopher (Krystle) on Richard's side, and Stormy (Jordan) on David's side. Carl had two Great-Granddaughters whom he adored, Charlotte (Christopher) and Ruby (Stormy).

Carl's work in the YMCA positively touched and influenced literally thousands and thousands of men, women, and children. His sense of humor and banter always made those around him laugh. He was well known and respected for his mentorship, leadership, passionate care, and inspiration to others. He was a true role model for all who knew and met him. Dad will be greatly missed, but we go forward knowing what a positive and lasting impression he left on all who knew him.

International News

The International Service Corps (ISC) is a great way to stay connected with international friends while continuing to do meaningful service work in retirement. Below are some projects we are working on.

The 21st YMCA World Council Conference, the YMCA's biggest global gathering, will meet in Toronto this July, and several Y Alumni are expected to attend. **Lindy Linderman** will represent ISC, exploring new connections and partnerships that can strengthen our ISC relationships. She will be equipped with ISC business cards and glass cleaner cloths as giveaways to help introduce ISC and spark conversations with YMCA leaders and alumni from around the world.

Uruguay

The Salto YMCA in Uruguay has a large summer swimming program and several youth programs they would like to further develop.

We are excited that two Y Alumni members, **Wayne Uhrig and Lou Falk**, will be traveling to Uruguay this summer to learn more about how Y Alumni volunteers can support and strengthen these important efforts. We are looking forward to seeing what volunteer opportunities will develop.

The Czech Republic will once again welcome Y Alumni volunteers this year as three more Y Alumni — **Alena Wenker, Kim Decker, and Jon Vance** — travel to the picturesque town of Starý Plzenec to support a day camp focused on English as a second language.

The children enjoy many fun experiences while practicing their English with the volunteers, creating meaningful cultural connections and friendships along the way.

Siberia

Once a month during the school year, volunteers from the USA engage in conversations with young adults from the YMCA in Siberia. It is a wonderful opportunity to learn about one another's cultures, share experiences, and build international friendships.

We are always looking for young adults from YMCAs in the U.S. to participate. If you know of YMCAs involved in Youth and Government or other programs serving older teens and young adults, let us know.



International Service

Tracy Muckey
ISC Representative



Mexico

The YMCA of San Diego County and the YMCA of Mexico have formed a bi-national YMCA in Tijuana, sharing resources and expertise to better serve the needs of the large border population.

This winter, ISC volunteers helped develop and deliver a fundraising training program that equipped 25 staff members from the Mexico YMCA with new skills and strategies to strengthen their community impact.

We are excited about the growing partnership and look forward to supporting additional program opportunities in areas such as camping, aquatics, and childcare. Through collaboration and shared learning, this bi-national effort continues to build stronger communities on both sides of the border.

If you have an interest in global engagement or an international connection to share, we would love to hear from you. Every new relationship and opportunity helps us continue to grow, learn, and make a positive impact together.

Submitted by: Tracy Muckey

International Service Chair

Important Websites to Checkout:

Y Alumni Website:

<http://ymcaalumni.org>



Y Alumni newsletter is available online for Y Alumni members 12 times a year. Go to above website and join now.

Y Alumni Travel Club:

<http://www.ymcaalumnitravelclub.org>

YMCA Retirement Fund Website:

<http://www.yretirement.org/default.aspx>

Online readers click below:

[McCoy Chapter Alumni FaceBook Page](#)

Printed copy readers go to:
www.facebook.com and search for
McCoy Chapter Alumni.





Congratulations and best wishes to these couples:

73 Years

Arnie & Jody Leonard Sept 22

68 Years

Dave & Joyce Mercer Aug 3

65 Years

Fred & Sally Stickney Sept 24

63 Years

Robin & Ann McDonald Aug 2
Bud & Pam Sheble Aug 31

59 Years

Lanny & Jackie Couvillon Sept 7

57 Years

Larry & Erlene Benevento Sept 20

56 Years

Don & Sally Huebner Aug 8

38 Years

Eli & Barb Cardenas Aug 8
Greg & Chris O'Brien Aug 22

30 Years

Andy & Kelly Vamis July 6

26 Years

Liz & Joe Gallegos-Glynn July 7
Jim Daughn & Joan Dove Sept 30

23 Years

Terri Texeira & Sherry Wright Sept 1



Please let us know your birthday so we may light a candle for you.

Barbara Balerud	July 4
Sherry Hubartt	July 7
Marcia Homer	July 12
Bud Doane	July 16
Pat James	July 16
Ellie Carpenter	Aug 7
Joyce Starr	Aug 10
Connie Pemberton	Aug 11
Jan Gaeden	Aug 12
Dave Mercer	Aug 14
Sally Stickney	Aug 15
Erlene Benevento	Aug 18
Ann McDonald	Aug 19
Andy Vamis	Aug 20
John Youngberg	Aug 20
Don Anderson	Aug 21
Bill Hubartt	Aug 22
Bea Halk	Aug 22
Ginny Sprague	Aug 26
Hank Bagelmann	Aug 28
Joanne Newton	Sept 2
Karleen Monroe	Sept 3
Jody Leonard	Sept 5
Robin McDonald	Sept 17
Pearl Carpenter	Sept 25
Marshall Pike	Sept 29



We would really like to acknowledge your wedding anniversary date and your birthday, so please give us yours. Send the information to Pam Sheble at: 2730 Sequoia Way, Belmont, CA 94002 or via email at

pamsheble@comcast.net